

Names of Common Antihistamines to Avoid Prior to New Patient Appointments/Skin Tests

- Allegra (Fexofenadine)
- Alavert/Claritin (Loratadine)
- Astelin Nasal Spray
- Benadryl (Diphenhydramine)
- Clarinex
- Dallery
- Drixoral
- Dimetane
- Doxepin
- Periactin (Cyproheptadine)
- Sudafed Cold (Plain Sudafed is okay, as long as it doesn't contain antihistamine)
- Tavist
- Tylenol PM/Advil PM
- Cough/Cold/Sinus Medications that have antihistamine in them
- Atarax (Hydroxyzine)
- Zyrtec
- Cogentin
- Chlor-Trimeton (Chlorpheniramine)
- Rynatan
- Dimetapp
- Dimetane
- Actifed
- Phenergan
- Tussionex

The Following Antidepressants Interfere with Skin Testing

Patients taking the below medications need to contact the prescribing physician for instruction on withholding these medications, or not with hold them at all.

- Elavil (Amitriptyline)
- Imipramine
- Norpramin (Desipramine)
- Pamelor (Nortriptyline)
- Surmontil (Trimipramine)
- Vivactil (Protriptyline)

If in doubt if medications you are currently taking interferes with testing, such as some tranquilizers, call your pharmacy.